

# Information for Patients Attending Illawarra Diabetes Service

Level 2, 304 Crown Street Wollongong

**Contact Details:** Phone 1300 308 969 Fax: 4231 1960 Mail: PO Box W58 Wollongong NSW 2500  
Email: [WollDiabetesAdmin@health.nsw.gov.au](mailto:WollDiabetesAdmin@health.nsw.gov.au) Opening hours: Monday to Friday 8:30am to 4:30pm

## How do I make an appointment?

Phone the **Illawarra Diabetes Service** on **1300 308 969**. Press 1 to make an appointment. If you are seeing the diabetes specialist (endocrinologist), a referral letter is required. We need to see this referral before we can make your appointment. Please send us or bring us your referral letter and we will phone you with an appointment time. This service is free with a Medicare or DVA card.

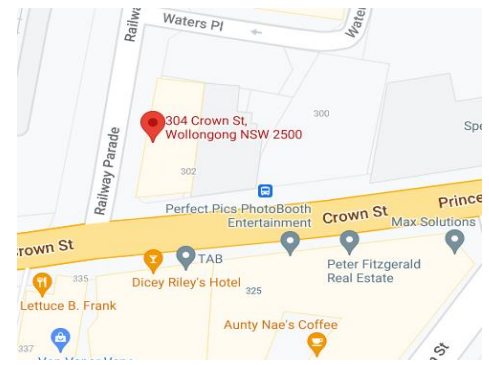
## What do I need to bring?

- Any paperwork and blood tests relating to your appointment at the Diabetes Service
- Your blood glucose record diary
- A list of all the medications (tablets and injections) you take
- Your Medicare or DVA Card.

## Who will I see?

Our friendly staff will help you make an appointment with the right person.

- The **Diabetes Educator** will help you look after your diabetes
- The **Dietitian** will help you choose what food is best to eat for your diabetes
- The **Podiatrist** helps people with foot ulcers only
- The **Endocrinologist** is a specialist doctor who will give advice for the best treatment for your diabetes.



## Where is the Diabetes Service?

We are located in a grey glass building on the corner of Crown Street and Railway Parade. The entrance to the lifts is on Railway Parade. Take the lift up to **Level 2**.

## How do I get there?



**By car:** There is limited paid street parking for 2 hours. Off street paid car parking for 4 or more hours may be available in the car park on Rawson Street.



**By train:** Wollongong train station is close. Walk up to Crown Street from the platform. Turn to the right and walk towards the traffic lights. Cross the road to the grey glass building.



**By bus:** There is a bus stop on Crown Street outside the building of the Diabetes Service or outside the Piccadilly Centre. The Free Wollongong Shuttle stops here. From Piccadilly stop, walk over the bridge and cross the road to the grey glass building.

**Need an Interpreter?** Interpreters are available if you need help to communicate with staff. The service is free and confidential. We will book the interpreter for you. You can also call the Translating and Interpreting Service on 131 450 if you need to speak to someone before your appointment.

**Need an Aboriginal Health Worker?** An Aboriginal Health Worker (AHW) advocates for the needs of consumers who identify as Aboriginal or Torres Strait Islander. They can provide support and information to help you. Tell staff you would like to speak to an AHW, or let them know if there is an AHW you would like us to contact.