

Opioid Use in Pregnancy

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Opioid substances have similar effects to morphine.

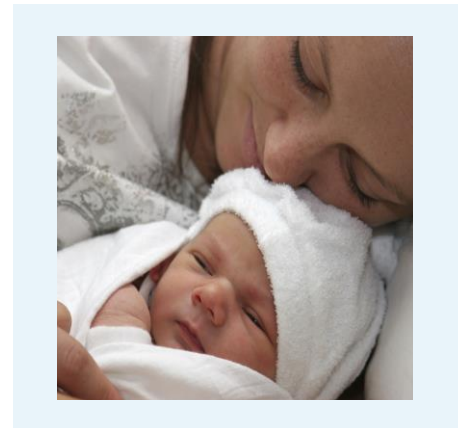
They are depressants and slow your body down.

If you use regularly you can become dependent.

Treatment

If you are using opioids during your pregnancy we recommend that you seek treatment.

You can have medicines that stop you withdrawing and help you become stable. They are safer for your baby than other drugs like heroin.



Support

Have you used opioids during your pregnancy? You might be worried about the impact they can have on your growing baby. Please ask for a referral to the Substance Use in Pregnancy and Parenting Service.

Helpful telephone numbers:

ISLHD Antenatal Clinic Wollongong	4253 4256
Shoalhaven Antenatal Clinic	4429 2929
ISLHD Substance use in Pregnancy and Parenting Service	1300 652 226
ISLHD Drug and Alcohol Helpline	1300 652 226

Need an Interpreter? Professional interpreters are available if you need help to communicate with staff. Our staff can also ask for an interpreter. The service is free and confidential. We will book the interpreter for you. You can also call the Translating and Interpreting Service on 131 450 if you need to speak to us before your appointment.