

Information for Patients Attending the Illawarra Diabetes Service

Level 2, 304 Crown Street Wollongong

How do I make an appointment?

Phone the **Illawarra Diabetes Service** on **1300 308 969**. Press 1 to make an appointment. If you are seeing the diabetes specialist (endocrinologist), send or bring us your referral letter. We can book an interpreter in your language if you need it. It is a free service.

What do I need to bring?

- Any paperwork relating to your appointment at the Diabetes Service.
- A list of all the medications (tablets and injections) you take.
- Your Medicare and/or Department of Veteran Affairs (DVA) card.

How much does it cost?

The service is free with a Medicare or DVA card.

Who will I see?

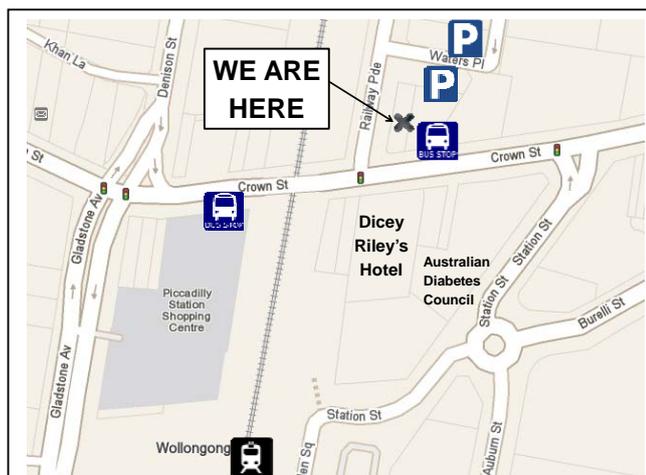
Our friendly staff will help you to make an appointment with the right person.

- The **Diabetes Educator** will help you learn how to look after your diabetes.
- The **Dietitian** will help you choose what food is best to eat for your diabetes.
- The **Podiatrist** helps people with foot ulcers only. The Diabetes Educator can talk about ways to see a podiatrist for other concerns.
- The **Endocrinologist**: is a specialist doctor who will give advice for the best treatment for your diabetes.

If you have just been diagnosed with diabetes you may come to a group. This will go for about 2¹/₂ hours. You will see the Diabetes Educator and Dietitian. Individual appointments may also be made.

Where is the Diabetes Service?

We are located in a blue glass building on the corner of Crown Street and Railway Parade. The entrance to the lifts is on Railway Parade. Take the lift up to **Level 2**.



How do I get there?

P By car: There is some paid street parking for 2 hours. Off street paid car parking for 4 or more hours may be available in car parks on Rawson Street.

By train: Wollongong train station is close. Walk up to Crown Street from the platform. Turn to the right and walk toward traffic lights. Cross to the blue glass building.

By bus: There is a bus stop on Crown Street outside the building of the Diabetes Service or outside the Piccadilly Centre. The Free Wollongong Shuttle stops here. From Piccadilly stop, walk over the bridge and cross the road to the blue glass building.

Contact Details **Phone:** 1300 308 969 **Fax:** 4226 5261 **Mail:** PO Box W58, WOLLONGONG NSW 2500
Opening hours: Monday to Friday, 830am-430pm. **Outpatient Diabetes Services (Shellharbour and Kiama Hospitals) – use 1300 308 969 to book an appointment.**



Health
Illawarra Shoalhaven
Local Health District

Illawarra Shoalhaven Local Health District

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ISLHD-Fact Sheet
Trim: DT15/43323
Date: July 2015



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