

Neo Natal Abstinence Syndrome

Neo Natal Abstinence Syndrome (NAS)

NAS occurs after a baby is born.

It happens when a mother has taken certain drugs regularly when she is pregnant.

These are usually drugs like methadone or heroin, but can be other medicines as well.

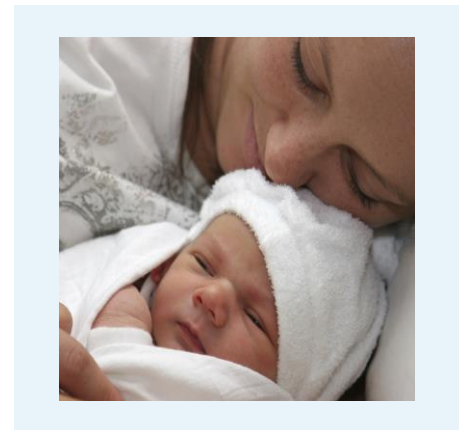
It is more likely to occur when a mother is physically dependent.

Symptoms and treatment of NAS

Symptoms can include feeding problems making it harder to put on weight. It may also be difficult settling your baby to sleep.

It might mean that your baby will have to stay in hospital for a little longer to be monitored.

Your baby can be safely treated in hospital.



Support

We can support you and your growing baby. Please ask for a referral to the Substance Use in Pregnancy and Parenting Service (SUPPS).

Helpful telephone numbers:

ISLHD Antenatal Clinic Wollongong	4253 4256
Shoalhaven Antenatal Clinic	4429 2929
ISLHD Substance use in Pregnancy and Parenting Service	1300 652 226
ISLHD Drug and Alcohol Helpline	1300 652 226

Need an Interpreter? Professional interpreters are available if you need help to communicate with staff. Our staff can also ask for an interpreter. The service is free and confidential. We will book the interpreter for you. You can also call the Translating and Interpreting Service on 131 450 if you need to speak to us before your appointment.