

Stimulant Use in Pregnancy

Stimulant use in Pregnancy (including ICE)

Stimulants can lead to your baby being born early or small. This is because stimulants can affect the blood flow to your baby. This means that your baby does not get the food it needs to grow.

Your baby might have behaviour and learning problems later on.

Support

The ISLHD Drug and Alcohol Service has a specialist program for people who mostly use stimulants. Please ask about this service.



Have you used stimulants during your pregnancy? You might be worried about the impact they can have on your growing baby. Please ask for a referral to the Substance Use in Pregnancy and Parenting Service (SUPPS).

Helpful telephone numbers:

ISLHD Antenatal Clinic Wollongong	4253 4256
Shoalhaven Antenatal Clinic	4429 2929
ISLHD Substance use in Pregnancy and Parenting Service	1300 652 226
ISLHD Stimulant Treatment Program	1300 652 226
ISLHD Drug and Alcohol Helpline	1300 652 226

Need an Interpreter? Professional interpreters are available if you need help to communicate with staff. Our staff can also ask for an interpreter. The service is free and confidential. We will book the interpreter for you. You can also call the Translating and Interpreting Service on 131 450 if you need to speak to us before your appointment.