## ILLAWARRA SHOALHAVEN LOCAL HEALTH DISTRICT Media Information



Saturday, 13 November 2021

## Illawarra Shoalhaven Local Health District COVID-19 update

The Illawarra Shoalhaven Local Health District (ISLHD) has recorded five COVID-19 cases in the 24 hours to 8pm last night. The community is again being urged to remain vigilant for even the mildest of symptoms, and to continue to come forward for testing and vaccination.

## Of the five cases:

- Four are from the Wollongong Local Government Area (LGA) one is linked to a known case.
  - Postcodes 2500 (2), 2519 (2)
- One is from the 2528 postcode in the Shellharbour LGA and investigations are ongoing.

There have been 2,485 local cases of COVID-19 in the Illawarra Shoalhaven Local Health District since the start of the current outbreak in June.

Remember to get tested if any symptoms appear, no matter how mild. These include cold or flulike symptoms such as fever, sore throat, cough or shortness of breath. People with mild symptoms, such as fatigue, new muscle aches or pains, a change in taste or smell or a runny nose should also arrange testing as quickly as possible.

There are a number of COVID-19 testing clinics across the Illawarra Shoalhaven Local Health District. Visit the <u>District's website</u> for a full list and updated opening hours and times. There are also more than 500 COVID-19 testing locations across NSW – visit the <u>NSW Government website</u> for details.

Illawarra Shoalhaven Local Health District also urges the community to continue to come forward for vaccination. Everyone in Australia aged 12 and over can receive a COVID-19 vaccination. For more information visit <a href="https://www.health.gov.au">www.health.gov.au</a>.

The District's vaccination clinics are now offering a booster dose of the Pfizer vaccine to people aged 18 years and older, six months after their second dose. Appointments are preferred and can be made by calling the ISLHD Booking Team on 1300 096 365 during business hours, or online via the ISLHD COVID-19 Vaccination Support form.

In addition to the District's clinics, booster shots are available at local general practitioners and pharmacies.