

Thursday, 18 November 2021

## Illawarra Shoalhaven Local Health District COVID-19 update

The Illawarra Shoalhaven Local Health District (ISLHD) has recorded one COVID-19 case in the 24 hours to 8pm last night. Despite the continued low cases numbers in recent weeks, the LHD reminds the community to remain vigilant for even the mildest of symptoms, and to continue to come forward for testing and vaccination.

The case is from the 2500 postcode in the Wollongong Local Government Area and acquired the virus overseas.

For the week ending Sunday 14 November, there were 17,310 COVID tests undertaken across the LHD.

There have been 2,490 cases of COVID-19 in the Illawarra Shoalhaven Local Health District since June.

As at 8pm Wednesday 17 November, there were seven patients being treated in hospital as a result of COVID-19.

Remember to get tested if any symptoms appear, no matter how mild. These include cold or flulike symptoms such as fever, sore throat, cough or shortness of breath. People with mild symptoms, such as fatigue, new muscle aches or pains, a change in taste or smell or a runny nose should also arrange testing as quickly as possible.

There are a number of COVID-19 testing clinics across the Illawarra Shoalhaven Local Health District. Visit the <u>District's website</u> for a full list and updated opening hours and times. There are also more than 500 COVID-19 testing locations across NSW – visit the <u>NSW Government website</u> for details.

NSW Health will continue to contact people diagnosed with COVID-19 and their close contacts, and all people who need to follow specific health advice. If you receive a message from NSW Health, it is important that you follow the advice in that message.

Illawarra Shoalhaven Local Health District also urges the community to continue to come forward for vaccination. Everyone in Australia aged 12 and over can receive a COVID-19 vaccination. For more information visit <u>www.health.gov.au</u>.

The District's vaccination clinics are now offering a booster dose of the Pfizer vaccine to people aged 18 years and older, six months after their second dose. Appointments are preferred and can be made by calling the ISLHD Booking Team on 1300 096 365 during business hours, or online via the <u>ISLHD COVID-19 Vaccination Support form</u>.

In addition to the District's clinics, booster shots are available at local general practitioners and pharmacies.

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