

Monday, 29 November 2021

Illawarra Shoalhaven Local Health District COVID-19 update

The Illawarra Shoalhaven Local Health District (ISLHD) is reminding the community to remain COVID vigilant and to continue to come forward for testing and vaccination.

New rules for returning travellers regarding the Omicron B.1.1.529 variant of concern are now in place. In line with Commonwealth measures, all travellers arriving in NSW who have been in South Africa, Lesotho, Botswana, Zimbabwe, Mozambique, Namibia, Eswatini, Malawi, and the Seychelles during the 14-day period before their arrival in NSW must enter hotel quarantine for 14 days, irrespective of their vaccination status.

All travellers who have been in any other overseas country during the 14-day period before their arrival in NSW must travel directly to their place of residence or accommodation and isolate for 72 hours, pending further health advice. It is an offence not to comply with a Public Health Order and penalties can apply. Compliance checks will be undertaken.

It is critical that anyone who has already arrived in NSW who has been in any of the nine African countries within the previous 14 days must immediately get tested and isolate for 14 days, and call NSW Health on 1800 943 553.

ISLHD has recorded two new COVID-19 cases in the 24 hours to 8pm last night.

Both are from the Wollongong Local Government Area (LGA) and one is linked to a known case. The cases reside in the postcodes of 2506 and 2525.

There have been 2,536 cases of COVID-19 in the Illawarra Shoalhaven Local Health District since June.

There are currently six people being treated in hospital as a result of COVID-19.

Remember to get tested if any symptoms appear, no matter how mild. These include cold or flu-like symptoms such as fever, sore throat, cough or shortness of breath. People with mild symptoms, such as fatigue, new muscle aches or pains, a change in taste or smell or a runny nose should also arrange testing as quickly as possible.

There are a number of COVID-19 testing clinics across the Illawarra Shoalhaven Local Health District. Visit the [District's website](#) for a full list and updated opening hours and times. There are also more than 450 COVID-19 testing locations across NSW – visit the [NSW Government website](#) for details.

NSW Health will continue to contact people diagnosed with COVID-19 and their close contacts, and people who need to follow specific health advice. If you receive a message from NSW Health, it is important that you follow the advice in that message.

Illawarra Shoalhaven Local Health District also urges the community to continue to come forward for vaccination. Everyone in Australia aged 12 and over can receive a COVID-19 vaccination. For more information visit www.health.gov.au.

The District's vaccination clinics are now offering a booster dose of the Pfizer vaccine to people aged 18 years and older, six months after their second dose. Appointments are preferred and can be made by calling the ISLHD Booking Team on 1300 096 365 during business hours, or online via the [ISLHD COVID-19 Vaccination Support form](#). In addition to the District's clinics, booster shots are available at local general practitioners and pharmacies.