

ISLHD CARDIOVASCULAR CLINICAL TRIALS UNIT

> Illawarra Heart Health Centre

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Email ISLHDcardiacresearch@health.nsw. gov.au The Illawarra Shoalhaven Local Health District (ISLHD)
Cardiovascular Clinical Trials Unit is situated at the Illawarra Heart Health Centre in
Wollongong Hospital. It boasts a
specialised team comprising doctors, nurses, and allied health professionals.

This unit actively supports a range of clinical trials, contributing to evidence-based practices, fostering knowledge development and enhancing patient care within the local community.

Have you or a loved one just experienced a heart attack? You may be interested in a clinical study to learn more about heart disease.



What is the purpose of ARTEMIS?

The **ARTEMIS** study is testing the anti-inflammatory study medicine, ziltivekimab to learn if it can reduce the risk of a future heart attack or stroke in people who have just experienced a heart attack.

For more information contact the Clinical trails team or access the video link via QR code ARTEMIS study introduction video



REFERRAL OR CONSULTATION

To discuss your patient with an ISLHD Trials Clinician please phone the Illawarra Heart Health Centre on 02 4253 4908

ISLHD Cardiovascular Clinical Trials **CURRENTLY OPEN FOR RECRUITMENT**

Scan the QR Code for more information including eligibility criteria

Medication trials

Heart Failure & Inflammation

ATHENA: Ziltivekimab (anti-inflammatory monoclonal antibody) versus placebo in patients with heart failure, mildly reduced ejection fraction HFmrEF, or preserved ejection fraction HFpEF. Evaluating functional capacity, heart failure symptoms and systemic imflamation. 4 x Monthly injection

A/Prof Lee



Acute Myocardial Infarct

ARTEMIS: Ziltivekimab (anti-inflammatory monoclonal antibody) versus placebo on patients with acute myocardial infarct CV outcome study. Monthly injections

A/Prof Lee



Intervention trials

Aortic stenosis EASY-AS: A trial of early valve replacement in severe asymptomatic Dr Dans

aortic stenosis

Dr Danson

Hyperlipidaemia GOAL ASIA: Guideline Oriented Approach to Lipid Lowering In Asia- A/Pro

Pacific

A/Prof Lee



LV thrombus RELEVENT: Resolution of left ventricular thrombus with different

anti coagulation strategies

Dr Moragues



Implant device PROTECT ICD: Programmed Ventricular Stimulation to Risk Stratify

for Early Cardioverter-Defibrillator (ICD) Implantation to Prevent

Tachyarrhythmias following Acute Myocardial Infarction

A/Prof Lee



Pacemakers PARTICIPATE: Partnering remote monitoring of implanted cardiac A

devices with intelligent patient engagement

A/Prof Lee



Observational trials

Heart Failure &

& Cardiovascular Disease **POSEIDON:** Observational study looking at prevalence of systemic inflammation in patients with Atherosclerotic Cardiovascular disease

and Heart Failure

A/Prof Lee



Stephen Mackay — Trial Coordinator Martin Walker — Research Nurse Dr Astin Lee — Director of Cardiology

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For further information regarding these trials at the Illawarra Heart Health Centre you may also contact the trial coordinators as listed or email ISLHD-cardiacresearch@health.nsw.gov.au