



ISLHD CARDIOVASCULAR CLINICAL TRIALS

Illawarra Heart Health Centre
November 2024

ISLHD CARDIOVASCULAR CLINICAL TRIALS UNIT

Illawarra Heart
Health Centre

Wollongong Hospital
Loftus Street
Wollongong NSW 2500

Ph 02 4253 4908

Fax 02 4253 4950

Email
ISLHD-
cardiacresearch@health.nsw.
gov.au

The Illawarra Shoalhaven Local Health District (ISLHD) Cardiovascular Clinical Trials Unit is situated at the Illawarra Heart Health Centre in Wollongong Hospital. It boasts a specialised team comprising doctors, nurses, and allied health professionals.

This unit actively supports a range of clinical trials, contributing to evidence-based practices, fostering knowledge development and enhancing patient care within the local community.

The team delivered another strong performance last month, which was recognized with a feature in the study newsletter, accompanied by a note from Principal Investigator, Dr Jorge Moragues.

RELEVANT

REsolution of LEft
VENTricular
thrombus
trial

Recruitment

NZ	63
Aus	62
Total	125

Progress has been steady over the past few months. Whilst Auckland City Hospital remains out in front overall with 31, recent recruitment for RELEVANT has been driven by the team at Wollongong Hospital, who have had the last 3 randomisations of the trial and 4 of the past 7 in Australia. See below for a description of the approach to recruitment taken by the team at Wollongong:

"The success thus far has largely been driven by consistent communication and strong teamwork across our department. We have a Microsoft teams chat group for fast real-time communication and our team has regular meetings to update, discuss and address challenges. This ensures every team member is fully informed and engaged. By working together, we have built momentum, leading to our recent successful and overall performance." Dr Jorge Moragues, PI Wollongong Hospital

REFERRAL OR CONSULTATION



To discuss your patient with an ISLHD Trials Clinician
please phone the Illawarra Heart Health Centre on 02 4253 4908

ISLHD Cardiovascular Clinical Trials






****CURRENTLY OPEN FOR RECRUITMENT****

Scan the QR Code for more information including eligibility criteria


Medication trials

Heart Failure & Inflammation	ATHENA: Ziltivekimab (anti-inflammatory monoclonal antibody) versus placebo in patients with heart failure, mildly reduced ejection fraction HFmrEF, or preserved ejection fraction HFpEF. Evaluating functional capacity, heart failure symptoms and systemic inflammation. 4 x Monthly injection	A/Prof Lee	
Acute Myocardial Infarct	ARTEMIS: Ziltivekimab (anti-inflammatory monoclonal antibody) versus placebo on patients with acute myocardial infarct CV outcome study. Monthly injections	A/Prof Lee	

Intervention trials

Aortic stenosis	EASY-AS: A trial of early valve replacement in severe asymptomatic aortic stenosis	Dr Danson	
Hyperlipidaemia	GOAL ASIA: Guideline Oriented Approach to Lipid Lowering In Asia-Pacific	A/Prof Lee	
LV thrombus	RELEVANT: Resolution of left ventricular thrombus with different anti coagulation strategies	Dr Moragues	
Implant device	PROTECT ICD: Programmed Ventricular Stimulation to Risk Stratify for Early Cardioverter-Defibrillator (ICD) Implantation to Prevent Tachyarrhythmias following Acute Myocardial Infarction	A/Prof Lee	
Pacemakers	PARTICIPATE: Partnering remote monitoring of implanted cardiac devices with intelligent patient engagement	A/Prof Lee	

Observational trials

Heart Failure & Cardiovascular Disease	POSEIDON: Observational study looking at prevalence of systemic inflammation in patients with Atherosclerotic Cardiovascular disease and Heart Failure	A/Prof Lee	
---	---	------------	---

Stephen Mackay — Trial Coordinator 02 4253 4624
 Martin Walker — Research Nurse 02 4253 4650
 Dr Astin Lee — Director of Cardiology Astin.LEE@health.nsw.gov.au

For further information regarding these trials at the Illawarra Heart Health Centre you may also contact the trial coordinators as listed or email ISLHD-cardiacresearch@health.nsw.gov.au