



ISLHD CARDIOVASCULAR CLINICAL TRIALS

Illawarra Heart Health Centre

August 2025

ISLHD CARDIOVASCULAR CLINICAL TRIALS UNIT

Illawarra Heart
Health Centre

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Team

A/Prof Astin Lee Director of Cardiology
Stephen Mackay Trial Lead
Martin Walker Trial Coordinator
Shaunagh Napier Research Officer

The Illawarra Shoalhaven Local Health District (ISLHD) Cardiovascular Clinical Trials Unit is situated at the Illawarra Heart Health Centre in Wollongong Hospital. It boasts a specialised team comprising doctors, nurses, and allied health professionals.

This unit actively supports a range of clinical trials, contributing to evidence-based practices, fostering knowledge development and enhancing patient care within the local

*Last month the inaugural
Ziltivekimab Investigator National Connect (ZINC) meeting
was held as a face-to-face event.*

This collaborative gathering, developed in partnership with National Leaders and National Study Coordinators, featured an engaging program designed to deliver targeted trial and scientific updates.

Key topics included

- recruitment and retention strategies
- adverse event management and
- enhancing diversity, equity, and inclusion in clinical trials.



The agenda was enriched by a dynamic mix of interactive lectures, panel discussions, and workshops, with both national and international speakers contributing their insights.

Representing our team were Dr Boddupalli and Martin Walker (pictured), with Martin invited to join a panel discussion titled "Best Practices and Lessons Learnt for Recruitment and Retention." This session provided a valuable platform to explore effective strategies, share site-level experiences, and engage in open dialogue. Congratulations to the team for their valuable contributions and continued commitment to advancing clinical research.

REFERRAL OR CONSULTATION





To discuss your patient with an ISLHD Trials Clinician, please phone
Illawarra Heart Health Centre on 02 4253 4908 or
Email: ISLHD-cardiacresearch@health.nsw.gov.au

ISLHD Cardiovascular Clinical Trials





****CURRENTLY OPEN FOR RECRUITMENT****

Scan the QR Code for more information including eligibility criteria

Medication trials

Acute Myocardial Infarct	ARTEMIS: Ziltivekimab (anti-inflammatory monoclonal antibody) versus placebo on patients with acute myocardial infarct CV outcome study. Monthly injections	A/Prof Lee	
Acute Coronary Syndrome RECRUITMENT CURRENTLY ON HOLD	LIBREXIA: Milvexian (Factor Xia inhibitor) versus placebo in patients after a recent acute coronary syndrome. Investigating the efficacy and safety. Oral tablet taken twice a day.	A/Prof Lee	
Acute Myocardial Infarct	SOS-AMI: Self-administered selatogrel (or placebo) injection for prevention and treatment of acute myocardial infarction in participants with a recent history of acute myocardial infarction. Self administered injection only if and when required.	A/Prof Lee	
Pulmonary Hypertension	APEX: TX000045 (a relaxin-like compound) versus placebo in patients with pulmonary hypertension secondary to heart failure. Investigating safety and effectiveness of TX000045. Injections every 2 weeks.	Dr Moragues	

Intervention trials

Aortic stenosis	EASY-AS: A trial of early valve replacement in severe asymptomatic aortic stenosis	Dr Danson	
Hyperlipidaemia	GOAL ASIA: Guideline Oriented Approach to Lipid Lowering In Asia-Pacific	A/Prof Lee	
LV thrombus	RELEVANT: Resolution of left ventricular thrombus with different anti coagulation strategies	Dr Moragues	
Pacemakers	PARTICIPATE: Partnering remote monitoring of implanted cardiac devices with intelligent patient engagement	A/Prof Lee	

For further information regarding these trials at the Illawarra Heart Health Centre contact:
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