

# ISLHD CARDIOVASCULAR CLINICAL TRIALS

## Illawarra Heart Health Centre October 2025

### ISLHD CARDIOVASCULAR CLINICAL TRIALS UNIT

Illawarra Heart  
Health Centre

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#### Team

**A/Prof Astin Lee** Director of Cardiology  
**Stephen Mackay** Trial Lead  
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**Shaunagh Napier** Research Officer

The Illawarra Shoalhaven Local Health District (ISLHD) Cardiovascular Clinical Trials Unit is situated at the Illawarra Heart Health Centre in Wollongong Hospital. It boasts a specialised team comprising doctors, nurses, and allied health professionals.

This unit actively supports a range of clinical trials, contributing to evidence-based practices, fostering knowledge development and enhancing patient care within the local

#### EUROPEAN SOCIETY OF CARDIOLOGY (ESC) CONGRESS

The ESC annual congress this year in Madrid coincided with the World Congress of Cardiology. This global medical congress is a joint initiative of the European Society of Cardiology (ESC) and the World Heart Federation (WHF), hosted at the Feria de Madrid, Spain. The congress theme, 'Cardiology Beyond Borders', explored 'Global Health' and highlighted the growing prevalence of cardiovascular disease. With a diverse range of scientific programmes covering the entire field of cardiology, attendees were presented with exciting new ideas, cutting-edge technologies, and innovations that may transform cardiological science and its application.

Two of our very own cardiologists, Dr. Sukhmandeep Sangha and Dr. Judy Al Ahmad, both represented our service at the Congress, presenting rare and complex cardiology case studies.



**Dr Al Ahmad (left)** shared two unique cases: one on Myocardial Lupus and another on Mitral Annular Calcification with Embolic Phenomena.



**Dr Sangha (right)** presented on a Right Atrial Blood Cyst and highlighted the use of multi-modality cardiac imaging for accurate diagnosis.

These presentations not only showcased rare cardiovascular conditions seen within our LHD but also demonstrated the depth of expertise within our team.

Having our clinicians present on a global stage reflects our commitment to cutting-edge technologies, innovation, and excellence in the field of Cardiology.

#### REFERRAL OR CONSULTATION

To discuss your patient with an ISLHD Trials Clinician, please phone  
Illawarra Heart Health Centre on 02 4253 4908 or  
Email: [ISLHD-cardiacresearch@health.nsw.gov.au](mailto:ISLHD-cardiacresearch@health.nsw.gov.au)

# ISLHD Cardiovascular Clinical Trials

\*\*CURRENTLY OPEN FOR RECRUITMENT\*\*

*Scan the QR Code for more information including eligibility criteria*

## Medication trials

<b>Acute Myocardial Infarct</b>	<b>ARTEMIS:</b> Ziltivekimab (anti-inflammatory monoclonal antibody) versus placebo on patients with acute myocardial infarct CV outcome study. Monthly injections	A/Prof Lee	
<b>Acute Coronary Syndrome</b> <b>RECRUITMENT CURRENTLY ON HOLD</b>	<b>LIBREXIA:</b> Milvexian (Factor Xia inhibitor) versus placebo in patients after a recent acute coronary syndrome. Investigating the efficacy and safety. Oral tablet taken twice a day.	A/Prof Lee	
<b>Acute Myocardial Infarct</b>	<b>SOS-AMI:</b> Self-administered selatogrel (or placebo) injection for prevention and treatment of acute myocardial infarction in participants with a recent history of acute myocardial infarction. Self administered injection only if and when required.	A/Prof Lee	
<b>Pulmonary Hypertension</b>	<b>APEX:</b> TX000045 (a relaxin-like compound) versus placebo in patients with pulmonary hypertension secondary to heart failure. Investigating safety and effectiveness of TX000045. Injections every 2 weeks.	Dr Moragues	

## Intervention trials

<b>Aortic stenosis</b>	<b>EASY-AS:</b> A trial of early valve replacement in severe asymptomatic aortic stenosis	Dr Danson	
<b>Hyperlipidaemia</b>	<b>GOAL ASIA:</b> Guideline Oriented Approach to Lipid Lowering In Asia-Pacific	A/Prof Lee	
<b>LV thrombus</b>	<b>RELEVENT:</b> Resolution of left ventricular thrombus with different anti coagulation strategies	Dr Moragues	
<b>Pacemakers</b> <b>RECRUITMENT COMPLETED OCT 2025</b>	<b>PARTICIPATE:</b> Partnering remote monitoring of implanted cardiac devices with intelligent patient engagement	A/Prof Lee	

**For further information regarding these trials at the Illawarra Heart Health Centre contact:**  
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