



# ISLHD CARDIOVASCULAR CLINICAL TRIALS

**Illawarra Heart Health Centre**  
**February 2025**

## ISLHD CARDIOVASCULAR CLINICAL TRIALS UNIT

**Illawarra Heart  
Health Centre**

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### **Team**

**A/Prof Astin Lee** Director of Cardiology  
**Stephen Mackay** Trial Lead  
**Martin Walker** Trial Coordinator  
**Shaunagh Napier** Research Officer

The Illawarra Shoalhaven Local Health District (ISLHD) Cardiovascular Clinical Trials Unit is situated at the Illawarra Heart Health Centre in Wollongong Hospital. It boasts a specialised team comprising doctors, nurses, and allied health professionals.

This unit actively supports a range of clinical trials, contributing to evidence-based practices, fostering knowledge development and enhancing patient care within the local community.



### **Welcome 2025!**

After a well-earned break, the team returns refreshed and energized for an exciting year ahead. This year brings fresh opportunities, new collaborations, and beginning innovative studies that will deepen our understanding of **acute coronary syndrome, heart failure and pulmonary hypertension**.



We're also thrilled to welcome a new **Clinical Research Officer**, Shaunagh Napier whose wealth of experience in clinical trials will undoubtedly strengthen our efforts.

With innovation, teamwork, and dedication, 2025 is set to be a year of progress and impact. Keep an eye out for recruitment updates or reach out to learn how you can be involved. To a year of meaningful change and lasting impact - wishing everyone a successful and fulfilling year ahead.

## **REFERRAL OR CONSULTATION**

To discuss your patient with an ISLHD Trials Clinician, please phone  
Illawarra Heart Health Centre on 02 4253 4908 or  
**Email: [ISLHD-cardiacresearch@health.nsw.gov.au](mailto:ISLHD-cardiacresearch@health.nsw.gov.au)**

# ISLHD Cardiovascular Clinical Trials

**\*\*CURRENTLY OPEN FOR RECRUITMENT\*\***

*Scan the QR Code for more information including eligibility criteria*

## Medication trials

### Heart Failure & Inflammation

**ATHENA:** Ziltivekimab (anti-inflammatory monoclonal antibody) versus placebo in patients with heart failure, mildly reduced ejection fraction HFmrEF, or preserved ejection fraction HFpEF. Evaluating functional capacity, heart failure symptoms and systemic inflammation. 4 x Monthly injection

A/Prof Lee



### Acute Myocardial Infarct

**ARTEMIS:** Ziltivekimab (anti-inflammatory monoclonal antibody) versus placebo on patients with acute myocardial infarct CV outcome study. Monthly injections

A/Prof Lee



### Acute Coronary Syndrome

**LIBREXIA:** Milvexian (Factor Xia inhibitor) versus placebo in patients after a recent acute coronary syndrome. Investigating the efficacy and safety. Oral tablet taken twice a day.

A/Prof Lee



## Intervention trials

### Aortic stenosis

**EASY-AS:** A trial of early valve replacement in severe asymptomatic aortic stenosis

Dr Danson



### Hyperlipidaemia

**GOAL ASIA:** Guideline Oriented Approach to Lipid Lowering In Asia-Pacific

A/Prof Lee



### LV thrombus

**RELEVANT:** Resolution of left ventricular thrombus with different anti coagulation strategies

Dr Moragues



### Implant device

**PROTECT ICD:** Programmed Ventricular Stimulation to Risk Stratify for Early Cardioverter-Defibrillator (ICD) Implantation to Prevent Tachyarrhythmias following Acute Myocardial Infarction

A/Prof Lee



### Pacemakers

**PARTICIPATE:** Partnering remote monitoring of implanted cardiac devices with intelligent patient engagement

A/Prof Lee



## Observational trials

### Heart Failure & Cardiovascular Disease

**POSEIDON:** Observational study looking at prevalence of systemic inflammation in patients with Atherosclerotic Cardiovascular disease and Heart Failure

A/Prof Lee



**For further information regarding these trials at the Illawarra Heart Health Centre contact:**  
**Stephen Mackay (Trial Lead)** 02 4253 4624; **Martin Walker (Trial Coordinator)** 02 4253 4650  
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