

ISLHD CARDIOVASCULAR CLINICAL TRIALS UNIT

Illawarra Heart Health Centre

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Email ISLHDcardiacresearch@health.nsw. gov.au The Illawarra Shoalhaven Local Health District (ISLHD)
Cardiovascular Clinical Trials Unit is situated at the Illawarra Heart Health Centre in
Wollongong Hospital. It boasts a
specialised team comprising doctors, nurses, and allied health professionals.

This unit actively supports a range of clinical trials, contributing to evidence-based practices, fostering knowledge development and enhancing patient care within the local community.

This month marks the beginning of an exciting new global study in the fight against cardiovascular disease



**ARTEMIS** study introduction video



**ARTEMIS** is a clinical study involving approximately 10,000 people from more than 20 countries worldwide and will last for about 25 months depending on when you join the study.

## What is the purpose of ARTEMIS?

The **ARTEMIS** study is testing the anti-inflammatory study medicine, ziltivekimab to learn if it can reduce the risk of a future heart attack or stroke in people who have just experienced a heart attack.

## REFERRAL OR CONSULTATION

To discuss your patient with an ISLHD Trials Clinician please phone the Illawarra Heart Health Centre on 02 4253 4908

## **ISLHD Cardiovascular Clinical Trials** \*\*CURRENTLY OPEN FOR RECRUITMENT\*\*

Scan the QR Code for more information including eligibility criteria

## **Medication trials**

Heart Failure & Inflammation

ATHENA: Ziltivekimab (anti-inflammatory monoclonal antibody) versus placebo in patients with heart failure, mildly reduced ejection fraction HFmrEF, or preserved ejection fraction HFpEF. Evaluating functional capacity, heart failure symptoms and systemic imflamation. 4 x Monthly injection

A/Prof Lee



Acute Myocardial Infarct

**ARTEMIS:** Ziltivekimab (anti-inflammatory monoclonal antibody) versus placebo on patients with acute myocardial infarct CV outcome study. Monthly injections

A/Prof Lee



Intervention trials

Aortic stenosis **EASY-AS:** A trial of early valve replacement in severe asymptomatic Dr Danson

aortic stenosis



Hyperlipidaemia **GOAL ASIA:** Guideline Oriented Approach to Lipid Lowering In Asia-

**Pacific** 

A/Prof Lee



**RELEVENT:** Resolution of left ventricular thrombus with different LV thrombus

anti coagulation strategies

Dr Moragues



**PROTECT ICD:** Programmed Ventricular Stimulation to Risk Stratify Implant device

for Early Cardioverter-Defibrillator (ICD) Implantation to Prevent

Tachyarrhythmias following Acute Myocardial Infarction

A/Prof Lee



**Pacemakers PARTICIPATE:** Partnering remote monitoring of implanted cardiac

devices with intelligent patient engagement

A/Prof Lee



Observational trials

Heart Failure

Cardiovascular Disease

**POSEISON**: Observational study looking at prevalence of systemic inflammation in patients with Atherosclerotic Cardiovascular disease

and Heart Failure

A/Prof Lee



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For further information regarding these trials at the Illawarra Heart Health Centre you may also contact the trial coordinators as listed or email ISLHD-cardiacresearch@health.nsw.gov.au