# SOFT DRINK





# WATER





\*8 TEASPOONS PER 375ML \*0 TEASPOONS PER 375ML



### SPORTS DRINK





WATER



SUGAR\* NIL

\*8 TEASPOONS PER 600ML, CONTAINS ADDED SALT

\*O TEASPOONS PER 600ML



### ORANGE JUICE





### WATER





\*5 TEASPOONS PER 250ML \*0 TEASPOONS PER 250ML



# CORDIAL





# WATER





\*O TEASPOONS PER 250ML

\*5 TEASPOONS PER 250ML



#### SWEETENED CEREAL





### WHOLEGRAIN CEREAL





\*PER 100g



### SWEET BISCUITS





# PIKELETS





\*PER 100g



### CHEWY MUESLI BAR





\*PER 100g

### RICE CAKES







# POTATO CRISPS





# POPCORN





\*PER 100g



### FRUIT STRAP









\*PER 100g \*PER 100g



#### POTATO CRISPS



\*PER 100g

#### POTATO CHIPS





\*PER 100q (APPROX. 8 TO 15 CHIPS)

#### POTATO BAKED OR MICROWAVED





