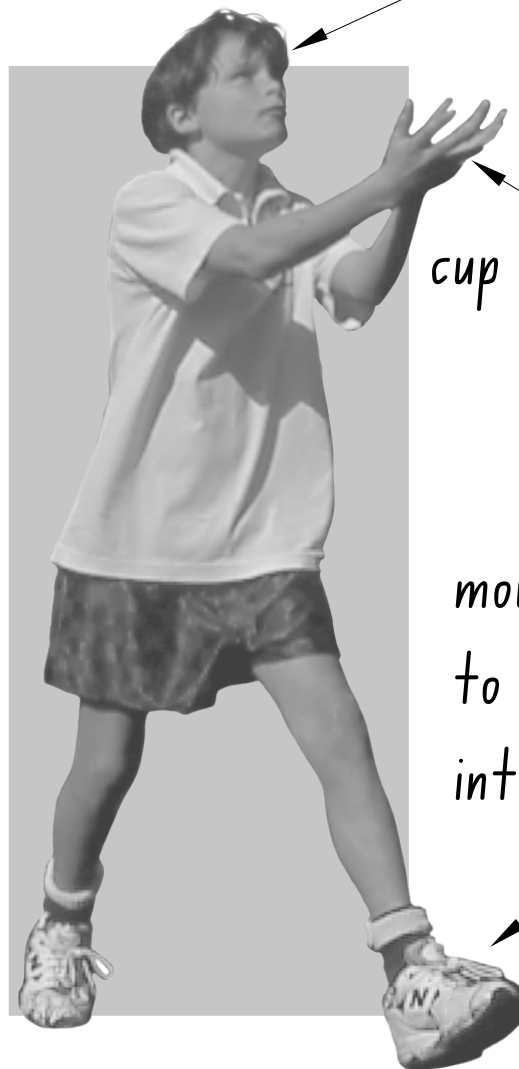


Catch

watch what you are catching



cup your hands

*move your feet
to put yourself
into position*

Show me how to ... **catch**

1

watch the ball

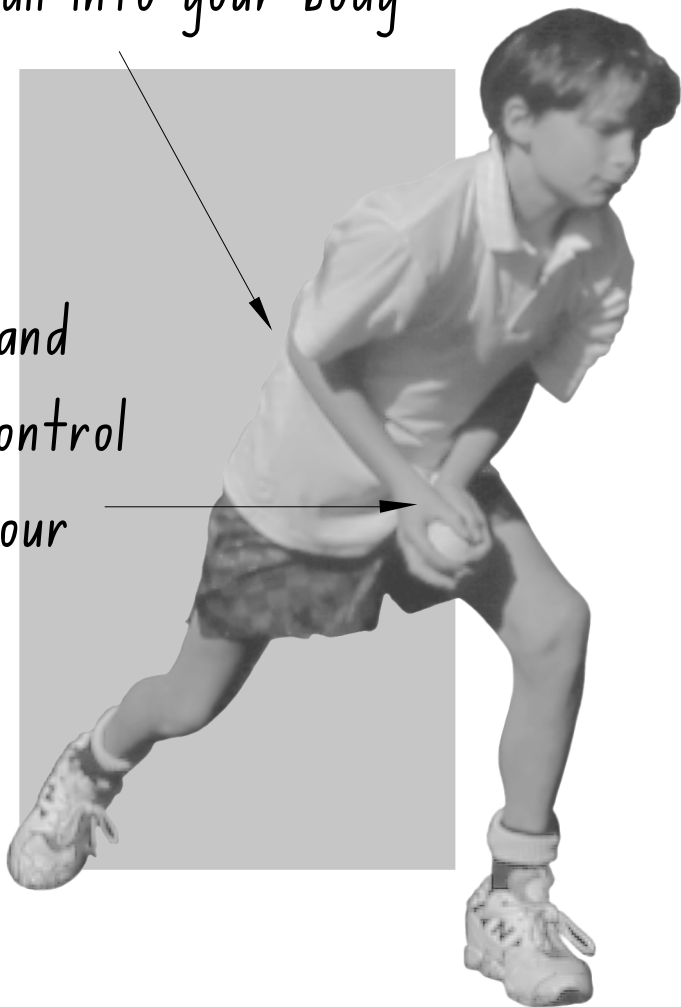


Show me how to ... **catch**

2

*bend your elbows to bring
the ball into your body*

*catch and
keep control
with your
hands*



Show me how to ... **catch**

3