

## Illawarra Shoalhaven Local Health District Bereavement Service

The Illawarra Shoalhaven Bereavement Service is a free and confidential counselling and support service. If you have experienced the death of someone significant and you need to access grief support, please contact us.

There are a range of support options across the Illawarra and Shoalhaven regions. These include:

- Face to face counselling at a range of locations across the region
- Video or telephone counselling sessions
- Support from our Volunteer Grief Companions
- Information and education.

If you would like to make an appointment or discuss further, please contact the Bereavement Counsellors:

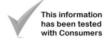
Contact Number: 0436 914 142

Email: <u>ISLHD-BereavementService@health.nsw.gov.au</u>



**Need an Interpreter?** Professional interpreters are available if you need help to communicate with staff. Our staff can also ask for an interpreter. The service is free and confidential. We will book the interpreter for you. You can also call the Translating and Interpreting Service on 131 450 if you need to speak to us before your appointment.





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