



ILLAWARRA SHOALHAVEN CHILD AND FAMILY HEALTH SERVICE

"Supporting the health and wellbeing of families with children from birth to 5 years"

Breastfeeding Drop-In Groups

Early Childhood Health Centres are available via the link

<https://www.islhd.health.nsw.gov.au/services-clinics/kids-and-families> or

find us on Facebook @ChildandFamilyHealthISLHD 

NORTH WOLLONGONG Early Childhood Health Centre 42A Porter Street North Wollongong TUESDAY 1:00pm -2:30pm	BERKELEY Early Childhood Health Centre 30 Winnima Way Berkeley (opposite Barnes Street) FRIDAY 11:30 -1:00pm
ALBION PARK Early Childhood Health Centre 119 Tongarra Road Albion Park WEDNESDAY 9:00am – 10:30am	SHOALHAVEN Family Care Centre 66 Berry Street Nowra WEDNESDAY 9:30am - 11:00am
St GEORGES BASIN SGB Community Centre 22 Meriton Street St Georges Basin MONDAY 9:30am - 11:00am	

