

**DATE:** Tuesday 31 March 2020

**SUBJECT:** Visitor restrictions increased

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The Illawarra Shoalhaven Local Health District has today implemented further restrictions on visiting hospital patients, in a bid to minimise the spread of COVID-19.

From today, there will be restricted hours for essential visits to patients in general wards at all of the District's hospitals:

- Patients can only have one visitor per day, for no more than one hour.
- Visiting will only be permitted between **11am-12pm** and **4pm-5pm**.

Other visiting restrictions:

COVID-19 ward and COVID-19 results pending patients

No visitors. We are working to make iPads available so technology including Skype and Facetime may be used in lieu of physical visits.

COVID-19 ICU

No visitors

COVID-19 End of Life patients

End of life visiting will be under strictly enforced precautionary protocols, including supervised application of PPE as required.

Non-COVID End of Life patients

No visitor limit or time restriction

Birthing & Maternity

Limit of 1 support person at a time, including during labour. No children under 16 to visit.

Paediatrics (Children's Ward)

Limit of 1 parent at a time, with no time limit. No children under 16 to visit.

Disability

Visitors with physical and/or cognitive impairment will be considered on a case basis via the nursing team.

A reminder also that you **should not be visiting patients in hospital** if you:

- Have a fever or a cold and flu-like illness; or
- Have been overseas in the last 14 days; or
- Have been in contact in the last 14 days with anyone who has COVID-19.

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**Illawarra Shoalhaven Local Health District**

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