

# Are you worried

about a recent **change** in your **condition**  
or that of your loved one?

**If yes... REACH out.**

## WHAT IS REACH ABOUT?

**R**

You may recognise a worrying change in your condition or in the person you care for.

**E**

**1** Engage (talk) with the nurse or doctor.  
Tell them your concerns.

**A**

**2** Ask the nurse in charge for a "Clinical Review".  
This should occur within 30 minutes.

**C**

**3** If you are still worried call REACH.  
You can use your bedside phone or ask for a ward phone.

**H**

Call **REACH** on  
Help is on its way.

From a mobile phone: 4295 2500  
From a ward phone: 2500  
Say "Can I have a REACH call", the name  
of the ward and bed number

**Speak to your nurse or doctor first.  
They may be able to help with your concerns.**



**Health**  
Illawarra Shoalhaven  
Local Health District

**R.E.A.C.H out to us**  
Because together we make a great team.



**CLINICAL  
EXCELLENCE  
COMMISSION**