

STAYING CONNECTED WHEN EMOTIONS RUN HIGH



AN INTERVENTION FOR FAMILIES, FRIENDS AND CARERS FREE WORKSHOP

Date: Tuesday 14th May 2024

Time: 9:00am registration, 9:30am start – 3:30pm finish

Venue: Casula Powerhouse – 1 Powerhouse road, Casula NSW 2170



EVENT OVERVIEW

This FREE workshop provides carers with additional communication skills to support someone (between 12yrs to 100yrs) who experiences any of the following:

- Has relationship difficulties,
- Demonstrates changing emotions and strong overwhelming feelings that can make communication difficult,
- Sometimes behaves in a way that makes them a danger to themselves or others.

These symptoms can be experienced in those with mental health issues, drug and alcohol dependence, developmental and learning disorders.

Morning tea and lunch provided.

For more information, contact Amy – amy.kemp@onedoor.org.au

FACILITATORS

Dr Annemaree Bickerton
(Child, Adolescent and Family Psychiatrist)

Toni Garretty
(Clinical Coordinator Family and Carer Program Illawarra and Shoalhaven Mental Health Service)

TICKETS & DETAILS

