

# STAYING CONNECTED WHEN EMOTIONS RUN HIGH



## AN INTERVENTION FOR FAMILIES, FRIENDS AND CARERS WORKSHOP

Date: Tuesday 22<sup>nd</sup> November 2022

Time: 9.00 am

Venue: Griffith Leagues Club, 2 Bridge Rd, Griffith NSW 2680



## EVENT OVERVIEW

This intervention provides carers with additional communication skills to support someone (between 12yrs to 100yrs) who experiences any of the following:

- Has relationship difficulties,
- Demonstrates changing emotions and strong overwhelming feelings that can make communication difficult,
- Sometimes behaves in a way that makes them a danger to themselves or others.

These symptoms can be experienced in those living with mental health illness, drug and alcohol use disorder, developmental and learning disorders.

<https://events.humanitix.com/staying-connected-when-emotions-run-high-a-family-and-carers-event-griffith>

## FACILITATORS

**Dr Annemaree Bickerton**  
(Child, Adolescent and Family Psychiatrist)

**Toni Garretty**  
(Clinical Coordinator Family and Carer Program Illawarra and Shoalhaven Mental Health Service)

## TICKETS & DETAILS

**Registrations Open. \$5pp** Proceeds go toward other future carer initiatives.

**A special one-time only, local carer event . If finances are a concern, please talk to us.**

Morning tea and lunch provided.

For further support or information please contact:  
[daniela.thoner@onedoor.org.au](mailto:daniela.thoner@onedoor.org.au)