

STAYING CONNECTED WHEN EMOTIONS RUN HIGH



AN INTERVENTION FOR FAMILIES, FRIENDS AND CARERS

TAMWORTH WORKSHOP - Cost \$10

Date: Thursday 31st October 2024

Time: Registration 8.45am - Workshop 9:30am to 3:30pm

Venue: West Tamworth Leagues Club - 58 Phillip St, Tamworth



EVENT OVERVIEW

This workshop provides carers with additional communication skills to support someone (between 12yrs to 100yrs) who experiences any of the following:

- Has relationship difficulties,
- Demonstrates changing emotions and strong overwhelming feelings that can make communication difficult,
- Sometimes behaves in a way that makes them a danger to themselves or others.

These symptoms can be experienced in those with mental health issues, drug and alcohol dependence, developmental disorders.

Morning tea and lunch provided.

FACILITATORS

Dr Annemaree Bickerton
(Child, Adolescent and Family Psychiatrist)

Toni Garretty
(Clinical Coordinator Family and Carer Program Illawarra and Shoalhaven Mental Health Service)

TICKETS & DETAILS

RSVP - <https://events.humanitix.com/staying-connected-when-emotions-run-high-tamworth>

For information,
please contact
Louise: 0438 466 542
louise.vella@onedoor.org.au

